



EVERYTHING YOU NEED TO KNOW ABOUT....

COVID rules we HAVE to follow for the venue

- Please do a **lateral flow test** the night before
- **Bring a facemask** - not compulsory but the studio care rounds are indoors.
- Please either login with the NHS app or fill in a contact form e.g., send Debbie your phone number pre-event (d.webster2@nhs.net)
- a one-way system will be in place
- Use the hand sanitiser provided
- no dancing - sorry, but we are allowed to have fun

Arrival time – registration is 1400 at Sterts Theatre, Upland Cross, Liskeard. Parking is plentiful but its always good to save the world and share a lift. Please arrive earlier if you are camping/staying at Wheal Tor Hotel...

- **Wheal Tor hotel/pod/chalet** : If you have accommodation at Wheal Tor then please drop your bags there BEFORE you make your way to Sterts. Note rooms will not be check in ready but hotel happy for you to drop your stuff/orientate yourself. Either arrive with enough time to then walk down to Sterts or drive down accepting you'll need to walk down on Thursday morning (or perhaps consider leaving a vehicle at Wheal Tor and sharing a lift down to Sterts so that you have a buddy with a vehicle either end). **If you are in a pod or chalet you will have access to a toilet and shower block but you need to bring your own towel.** If you are in a pod with 4 people, you will need a sleeping bag for the fourth bed which is a campbed (the hotel can provide one, I mention this in case you'd rather your own). See map below
- **Camping in Trevallicks field (opposite Wheal Tor hotel)** – this is where most of you with tents have opted to be. You need to set up camp BEFORE you arrive at Sterts. Trevallicks is a lovely little farm shop/café, they have been incredibly kind to let us use their field. They have a very small car park. Please be considerate and **DO NOT PARK in their car park** (blocking paying customers from the café), share lifts where possible and use the moorland road up to Wheal Tor to park whilst you set up camp. Ask the café staff nicely to show you where to head with camping gear. Ideally leave your vehicles down at Sterts. Only facilities in field are 2 toilets. Pack a head torch! Loo roll might not be a bad plan either. **Bring £5 please – I will collect this from you at registration for the café owners.** See map below.
- **Camping at Sterts** : Congratulations you are on site, arrive for 1400. **Bring £5** (we are giving it to the nice people at Trevallicks). There is a toilet block here that will be accessible overnight.

Food – if you can't remember what you ordered, we will remind you at registration. Please be clear that **you can't change your mind/have chicken AND hogroast... someone will go hungry.**

Tea, coffee and soft drinks available during programme breaks

Bar – cash and card accepted

Minibus – a minibus will do shuttles to ferry people from Sterts up to Wheal Tor and Trelvalicks camping field at the end of the evening. This will start about 9.45pm. We get charged per trip so please fill the 8 seater minibuses and have a few quid left at end of evening to pay the drivers.

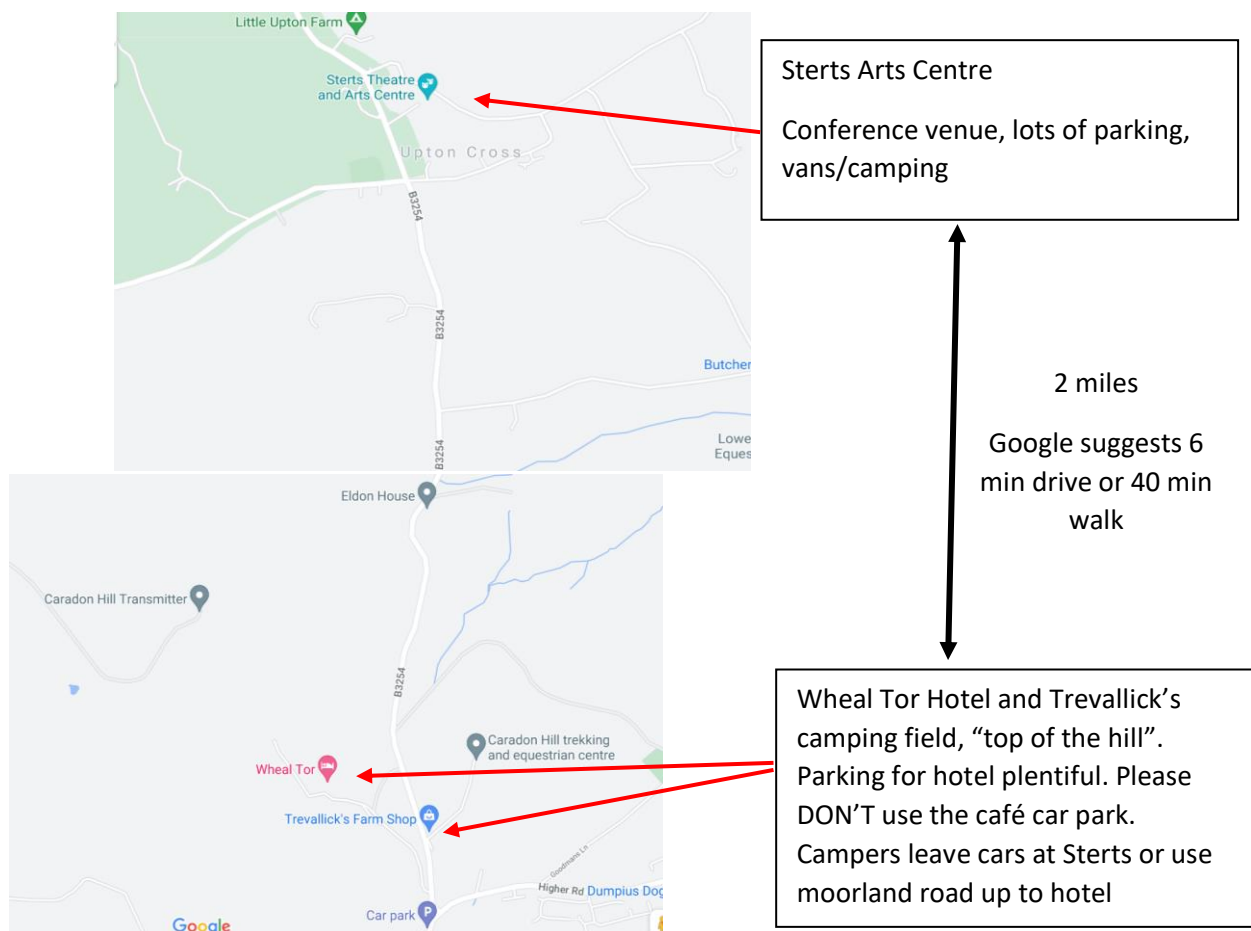
Breakfast

- Campers : those of you at Trelvalicks happen to wake up next to a lovely café with good coffee and food, opens at 9am. Please do use them as they have been very kind.
- Wheal Tor hotel rooms/pods/chalets – the hotel have kindly offered to provide everyone staying at Wheal Tor with continental breakfast FREE. So there will be no charge for breakfast, but also no cooked breakfast, sorry... but you can always use Trelvalicks café if you really, really need a bacon butty.

Receipts – will be provided once all the accounts have been reconciled. This is quite a complex process due to differing accommodation costs etc so please bear with us.

Certificate of attendance – will be provided on once we have received feedback (which will be via google form which will be distributed after the event).

Don't forget to pack your walking shoes and swimming cossie if you fancy the Thurs morning ramble and swim!



SEE YOU ON WEDNESDAY!